



Modulation of Radiation-Induced NADPH Oxidases in Rat's Heart Tissues by Melatonin

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ABSTRACT

Background: Experimental studies have shown that infiltration of inflammatory cells as well as upregulation of some cytokines play a central role in the development of late effects of ionizing radiation in heart tissues. Evidences have shown that an increased level of TGF- β has a direct correlation with late effects of exposure to ionizing radiation such as chronic oxidative stress and fibrosis. Recent studies have shown that TGF- β , through upregulation of pro-oxidant enzymes such as NOX2 and NOX4, promotes continuous ROS production and accumulation of fibrosis.

Objective: In present study, we aimed to evaluate the expression of NOX2 and NOX4 signaling pathways as well as possible modulatory effects of melatonin on the expression of these genes.

Material and Methods: In this experimental study, four groups of 20 rats (5 in each) were used as follows; G1: control; G2: melatonin; G3: radiation; G4: radiation + melatonin. 100 mg/kg of melatonin was administrated before irradiation of heart tissues with 15 Gy gamma rays. 10 weeks after irradiation, heart tissues were collected for real-time Polymerase chain reaction (PCR).

Results: Results showed a significant increase in the expression of TGF- β , Smad2, NF- κ B, NOX2 and NOX4. The upregulation of NOX2 was more obvious by 20-fold compared to other genes. Except for TGF- β , melatonin could attenuate the expression of other genes.

Conclusion: This study indicated that exposure of rat's heart tissues to radiation leads to upregulation of TGF- β -NOX4 and TGF- β -NOX2 pathways. Melatonin, through modulation of these genes, may be able to alleviate radiation-induced chronic oxidative stress and subsequent consequences.

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Keywords

Radiation; Melatonin; Heart; NADPH Oxidase 2; NADPH Oxidase 4

Introduction

Nowadays, exposure to ionizing radiation is unavoidable. On the other hand, there are serious concerns related to carcinogenesis and also non-cancer diseases following exposure to ionizing radiation [1]. Exposure to ionizing radiation may result from medical applications or through accidental events such as nuclear or radiological disasters [2]. Heart diseases are among the most serious diseases for people exposed to ionizing radiation [3]. Some of these exposures

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can be through diagnostic radiography and nuclear medicine procedures for screening or detection of diseases. Computed tomography and cardiac angiography can cause exposure of heart to a high dose of ionizing radiation [4, 5]. In addition, yearly, millions of people receive high doses of ionizing radiation for treatment of cancer. Heart injury is a probable risk for patients with chest cancer, following direct irradiation of the heart [6]. There is potent evidence for cardiac disorders following exposure to ionizing radiation [7].

Several years after the atomic bomb explosion in Hiroshima and Nagasaki, epidemiological studies have shown increased death due to cardiac diseases. Further analyses have shown that people who had been exposed to atomic bomb explosions are at a higher risk for cardiovascular diseases such as atherosclerosis, heart failure, ischemia [8]. Studies have also shown a significant increase in heart diseases for patients with lung and patients with left breast cancers compared to those with right breast cancer that underwent radiotherapy [9, 10]. Experimental studies have revealed that exposure of heart to ionizing radiation leads to changes in the level of several immune mediators and cytokines, which facilitate the infiltration of inflammatory cells such as mast cells, macrophages and lymphocytes [11]. It has been proposed that chronic upregulation of some cytokines such as IL-1 and TGF- β is involved in the pathogenesis of heart tissue after exposure to radiation [12]. These cytokines, through changes in the expression of some pro-fibrotic genes, elevate the stiffness of heart muscles, leading to increased risk of ischemia and heart failure [13].

In recent years, it has been shown that chronic oxidative stress following exposure to ionizing radiation mediate several consequences of radiation damage in exposed cells. Based on studies, inflammatory cells facilitate the production of ROS through some pro-oxidant enzymes such as NADPH oxidase, cyclooxygenase-2 (COX-2) and mitochondria. In addition,

macrophages may induce the production of nitric oxide by nitric oxide synthase (NOS) enzymes [14]. TGF- β has ability to stimulate the upregulation of some pro-oxidants such as COX-2, NADPH oxidase (NOX)-1, NOX2 and NOX4 [15]. Upregulation of TGF- β –NOX4 pathway has been observed in mice bone marrow cells after whole body irradiation [16]. Increased regulation of TGF- β – NOX4 is responsible for chronic oxidative injury in bone marrow and brain cells [17, 18]. So far, some agents such as metformin and resveratrol have been proposed for modulation of NOX4 upregulation following exposure to radiation [19, 20]. Melatonin as a natural body hormone has shown ability to modulate various inflammatory cytokines and pro-oxidant enzymes, leading to alleviation of radiation injury [21, 22]. This study aims to evaluate the possible changes in the expression of two important subfamilies of NADPH oxidase enzymes, including NOX2 and NOX4. Moreover, we detected possible modulatory effect of melatonin on the expression of these signaling pathways.

Material and Methods

Experimental design

In this experimental study, 20 male Wistar rat weighing 200 ± 20 g were divided into 4 groups (5 rats in each). Group 1 was control that this group did not receive any radiation or melatonin; group 2 was melatonin treatment, which this group only received melatonin without radiation. Group 3 was radiation that rats received 15 Gy gamma rays radiation to heart tissue; group 4 was radiation plus melatonin treatment, which rats received 100 mg/kg melatonin and after 30 minutes, their heart tissues were exposed to 15 Gy gamma rays radiation. All rats were kept under standard conditions such as temperature (22°C) and humidity (55%). In addition, rats were kept under 12-hour light (5AM-5PM) and dark (5PM-5AM) cycle. 10 weeks following irradiation, all rats were killed at same time and

their heart tissues were removed. They were frozen at -70°C for real-time PCR. All procedures of animal study were in accordance with the ethical guidelines of Tehran University of Medical Sciences, Tehran, Iran.

Drug treatment and irradiation

Melatonin was purchased from Sigma Aldrich Company (USA). It was dissolved in 15% ethanol at a concentration of 20 mg per milliliter. Each rat received 1 ml intraperitoneal injection of melatonin solution equal to 100 mg/kg 30 minutes before irradiation. In addition, before irradiation, rats received a combination of ketamine and xylazine as anesthesia for fixation of rats during irradiation. After anesthesia, rats were placed supine on the desk of cobalt-60 gamma rays source. Irradiation was performed locally to the chest area of rats at a source to skin distance (SSD) of 60 cm and a dose rate of 104 cGy/min.

Real-time PCR

Heart tissues were moved to room temperature for defreezing. Afterwards, the tissues were homogenated and total RNA extracted using TRIzol reagent (Sinagene, Iran). cDNA was synthesized from total RNA using cDNA synthesis kit (Geneall, South Korea). The expression of each gene was detected using Applied Biosystems Real-time PCR (USA). Primers were designed using Genesrunner software and then blasted in NCBI. The primer sequences are shown in Table 1.

Statistical analysis

Data were reported as mean \pm standard deviation. For the evaluation of significance differences between mean of different groups, we used SPSS software version 24. Analysis of variance (ANOVA) was used for evaluating the significant differences in the expression of genes among different groups. P value <0.05 was considered statistically significant.

Results

Real-time PCR results showed that when rats were exposed to gamma rays, the expression of TGF- β increases significantly (1.94 ± 0.37 fold) compared to control ($p < 0.05$). Treatment with melatonin before irradiation could not reduce the expression of TGF- β compared to radiation group (1.36 ± 0.26). The expression of Smad2 increased following irradiation of rat's heart tissues (5.72 ± 0.55 fold) ($p < 0.001$). However, the expression of Smad2 was attenuated when rats were treated with melatonin before irradiation (4.11 ± 0.79) ($p = 0.007$). Irradiation of heart tissues led to 3.13 ± 0.75 fold increase in the expression of NF- κB compared to control group ($p < 0.001$). However, administration of melatonin could reduce the expression of NF- κB (1.67 ± 0.19 fold) compared to control group ($p < 0.006$).

Real-time PCR results showed that when rats were irradiated with gamma rays, the expression of NOX2 increased significantly compared to control group (20.10 ± 4.20 fold) ($p < 0.001$). However, when rats were treated

Table 1: The sequences of primers for real-time Polymerase chain reaction (PCR).

Genes	Forward sequence	Reverse sequence
TGFβR1	TGCACCATCTTCAAAAACAGGG	CAGCTGACTGCTTTTCTGTAGT
NF-κB	AATTGCCCCGGCAT	TCCCGTAACCGCGTA
SMAD2	TCTCCGGCTGAACTGTCTCCTA	GCGATTGAACACCAAAATGCA
NOX2	CTGCCAGTGTGTCGGAATCT	TGTGAATGGCCGTGTGAAGT
NOX4	GGATCACAGAAGGTCCTAGC	AGAAGTTCAGGGCGTTACC
GAPDH	AGTGCCAGCCTCGTCTCATA	ATGAAGGGGTCGTTGATGCC

TGF β R1: Transforming growth factor β receptor 1, NF- κ B: Nuclear factor kappa B, SMAD2: Mothers against decapentaplegic homolog 2, NOX2: NADPH Oxidase 2, NOX4: NADPH Oxidase 4, GAPDH: Glyceraldehyde 3-phosphate dehydrogenase

with melatonin before exposure to gamma rays, the expression of NOX2 was reduced significantly compared to radiation group (6.91 ± 4.40) ($p=0.001$). Results of NOX4 gene expression showed that the expression of this gene increased significantly compared to control (2.92 ± 0.63 fold) ($p=0.001$). However, when melatonin was administered before irradiation of heart tissues, the expression of NOX4 was attenuated compared to

radiation without melatonin group (1.98 ± 0.48) ($p<0.05$). Results of real-time PCR also showed that administration of melatonin did not induce the expression of any of the mentioned genes in rat's heart tissues (Figure 1).

Discussion

Some epidemiological studies have shown that exposure to even low doses of ionizing radiation may cause increased incidence of car-

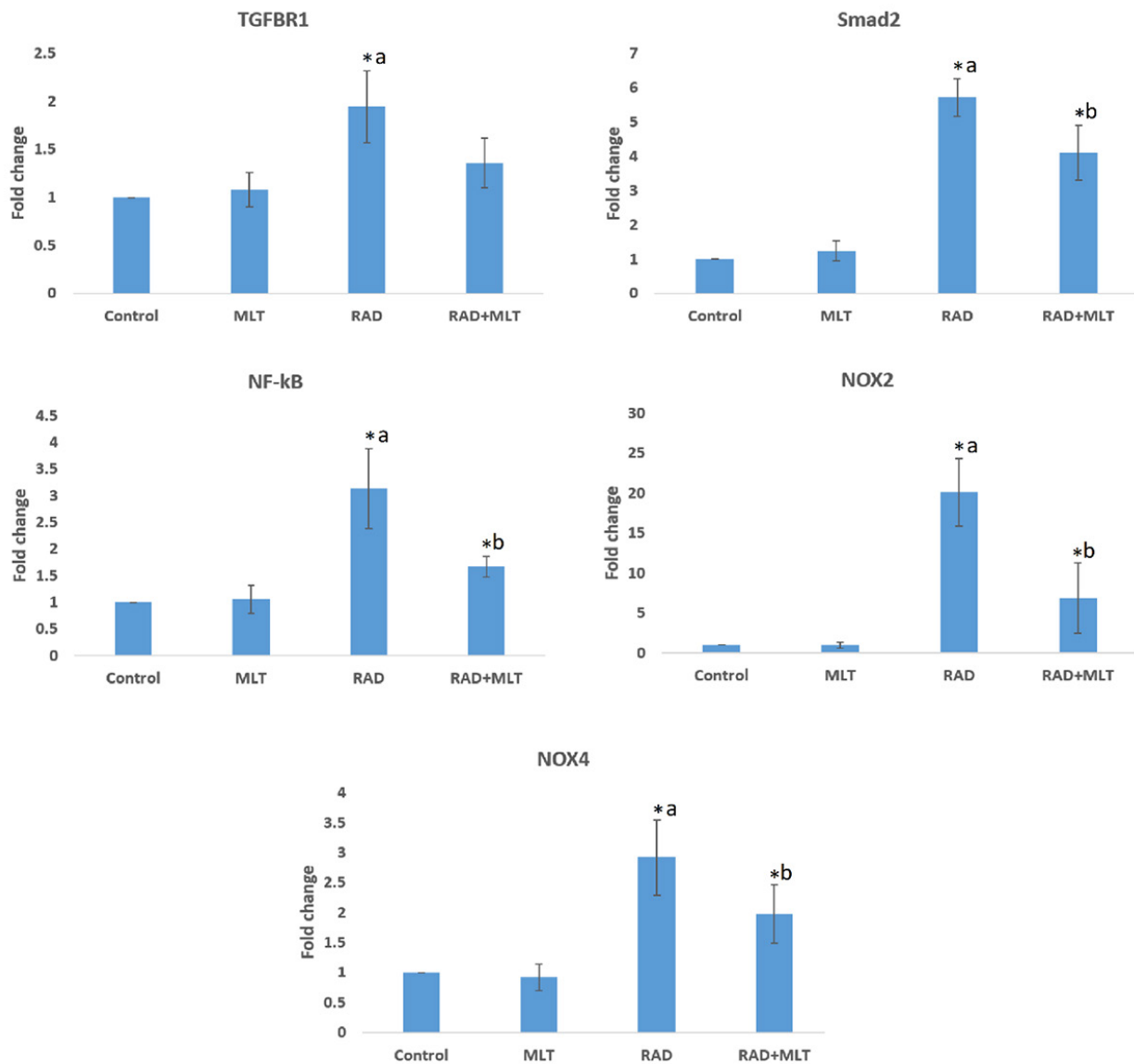


Figure 1: The expression of transforming growth factor β (TGF- β), Nuclear factor kappa B (NF-kB), Mothers against decapentaplegic homolog 2 (SMAD2), NADPH Oxidase 2 (NOX2) and NADPH Oxidase 4 (NOX4) following rat's heart irradiation and treatment with melatonin. (Analysis of variance (ANOVA), $*=p<0.05$, a: significant compared to control group; b: significant compared to radiation group).

diac diseases [23]. Studies proposed that the incidence of heart diseases has a direct relation with received radiation dose to heart tissue. [24] Experimental studies have shown that exposure to ionizing radiation leads to increased immune cells as well as pro-inflammatory and pro-fibrotic cytokines, which mediate appearance of inflammation and fibrosis [25]. These could lead to changes in the normal structure of heart tissues. Some studies have shown that radiation causes hypertrophy, pericarditis and fibrosis. Fibrosis in the coronary and carotid arteries may disrupt normal blood supply of heart muscles, leading to ischemia and heart failure. The time of appearance of these signs may be very long and detectable years after exposure to ionizing radiation [26]. In vivo studies have shown that exposing the heart to ionizing radiation leads to upregulation of some inflammatory and pro-oxidant factors such as IL-1, TNF- α , COX-2, intercellular adhesion molecule 1 (ICAM-1), vascular cell adhesion molecule-1 (VCAM-1), thrombomodulin (TM), etc [27-29]. In addition, upregulation of endothelin (ET)-1 following infiltration of mast cells plays a key role in oxidative stress and several late effects such as hypertrophy, inflammation, etc [30].

In this study, we showed that exposure to ionizing radiation led to significant upregulation of NOX2 and NOX4 pathways in rat's heart tissues. Previous studies have proposed that TGF- β , through downstream genes such as NF-kB and Smad2 has ability to induce the regulation of these genes [31, 32]. Results of this study showed upregulation of these genes. The most obvious change in the gene expression was observed for NOX2 by 20-fold increase. NOX2 is a membrane dependent enzyme that produces hydrogen peroxidase following stimulation by some immune activators. Some in vitro studies have shown that upregulation of NOX2 is involved in chronic oxidative stress and genomic instability in irradiated as well as bystander cells [33]. NOX4 plays a key role in chronic production of free

radicals. Upregulation of NOX2 and NOX4 was revealed for 2 months following whole body irradiation of mice. In addition, it was found that upregulation of these genes was associated with chromosome aberrations, an alarm of carcinogenesis [18].

Melatonin has shown ability to attenuate inflammation as well as activation of pro-oxidant enzymes [34-36]. It has also shown ability to attenuate radiation toxicity in bone marrow cells through modulation of TGF- β -NOX4 pathway [37]. In addition, melatonin can attenuate upregulation of COX-2, prostaglandins, iNOS as well as some other pro-inflammatory and pro-fibrotic mediators that may be involved in radiation toxicity [38, 39]. In present study, we showed that melatonin, through modulation of NADPH oxidase, especially NOX2, reduces the risk of radiation-induced cardiac injury.

Conclusion

This study showed that exposure of rat's heart tissues to ionizing radiation leads to significant upregulation of TGF- β -NOX4 and TGF- β -NOX2 pathways. The most obvious change was observed for NOX2 by 20-fold increase. Administration of melatonin before irradiation caused significant attenuation of both NOX2 and NOX4. As previous studies have confirmed that the upregulation of these genes is involved in radiation toxicity, it is possible that melatonin, through modulation of these genes, alleviates radiation-induced chronic oxidative stress and subsequent consequences such as fibrosis.

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Conflict of Interest

None

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